



Praise God! (Part 3)  
Series: Ephesians, #3  
Ephesians 1:11-14  
Pastor Lyle L. Wahl  
May 24, 2026

Theme: **Praise God for your spiritual blessings.**

### **God values you.**

1. The believer's value is seen in the "inheritance." (11-12, 14)
2. The basis, certainty and goal of the inheritance. (11-13)

### **God keeps you.**

1. The Holy Spirit has sealed you for God. (13-14)
2. The Holy Spirit is the pledge of your inheritance. (13-14)

## In My Life This Week

As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.)

**Monday.** Read 1:1-14. Remember, verse 3 is the beginning of a grand statement of praise to God. Have you memorized verse 3 yet? View the paragraph of 1:3-14 as a whole today and reflect on God's blessings that are listed here.

**Tuesday.** God values you highly. It is seen in Christ coming and dying for you, and also in "the inheritance." Review 1:11-14, your notes and thoughts about God giving believers an inheritance and choosing believers as His inheritance. What does this tell you about yourself and God?

**Wednesday.** God not only values you, He keeps you. 1:13-14 tell us that when you believed the Holy Spirit sealed you for God. What pictures and meanings come to mind when you thinking of being "sealed?" How does this affect your attitude toward the future?

**Thursday.** The Holy Spirit is the pledge, down payment, guarantee of your inheritance in heaven with God (1:13-14). Check Philippians 1:6 to see another way in which Paul states the same truth. Remember, the basis of your inheritance is God's grace; the certainty of your inheritance is God's sovereign will; the goal of your inheritance is God's glory. *Praise God for your spiritual blessings!*

**Friday – Saturday.** On Sunday we plan to be looking at 1:15-23. Read and think through these verses in preparation for our time together.